

leaders of the Pharisees on the Sabbath to eat bread, they were watching Him closely. And there in front of Him was a man suffering from dropsy. And Jesus answered and spoke to the lawyers and Pharisees, saying, "Is it lawful to heal on the Sabbath, or not?" But they kept silent. And He took hold of him and healed him, and sent him away.

John 5:2-16—Now there is in Jerusalem by the sheep gate a pool, which is called in Hebrew Bethesda, having five porticoes. . . . A man was there who had been ill for thirty-eight years . . . Jesus said to him, "Get up, pick up your pallet and walk." Immediately the man became well, and picked up his pallet and began to walk. Now it was the Sabbath on that day. So the Jews were saying to the man who was cured, "It is the Sabbath, and it is not permissible for you to carry your pallet." But he answered them, "He who made me well was the one who said to me, 'Pick up your pallet and walk.'" They asked him, "Who is the man who said to you, 'Pick up your pallet and walk?'" But the man who was healed did not know who it was, for Jesus had slipped away while there was a crowd in that place. . . . For this reason the Jews were persecuting Jesus, because He was doing these things on the Sabbath.

John 7:19-23—"Did not Moses give you the Law, and yet none of you carries out the Law? Why do you seek to kill Me? . . . I did one deed, and you all marvel. For this reason Moses has given you circumcision (not because it is from Moses, but from the fathers), and on the Sabbath you circumcise a man. If a man receives circumcision on the Sabbath so that the Law of Moses will not be broken, are you angry with Me because I made an entire man well on the Sabbath?"

John 9:14,16—Now it was a Sabbath on the day when Jesus made the clay and opened his eyes . . . Therefore some of the Pharisees were saying, "This man is not from God, because He does not keep the Sabbath."

Matthew 24:20—But pray that your flight will not be in the winter, or on a Sabbath.

Psalms 92:1-15 (A Psalm, a Song for the Sabbath day)

It is good to give thanks to the Lord and to sing praises to Your name, O Most High; to declare Your lovingkindness in the morning and Your faithfulness by night, with the ten-stringed lute and with the harp, with resounding music upon the lyre.

For You, O Lord, have made me glad by what You have done, I will sing for joy at the works of Your hands. How great are Your works, O Lord! Your thoughts are very deep . . . You, O Lord, are on high forever. For, behold, Your enemies, O Lord, for, behold, Your enemies will perish; all who do iniquity will be scattered.

But You have exalted my horn like that of the wild ox; I have been anointed with fresh oil. And my eye has looked exultantly upon my foes, my ears hear of the evildoers who rise up against me.

The righteous man will flourish like the palm tree, he will grow like a cedar in Lebanon. Planted in the house of the Lord, they will flourish in the courts of our God. They will still yield fruit in old age; they shall be full of sap and very green, to declare that the Lord is upright; He is my rock, and there is no unrighteousness in Him.

TIME FOR CELEBRATION

The Biblical Purpose of the Sabbath

Ezekiel 20:12—"Also I gave them My sabbaths to be a sign between Me and them, that they might know that I am the Lord who sanctifies them. [qadash—to be set apart, i.e. that which makes one different]

Nehemiah 8:9-12—Then Nehemiah, who was the governor, and Ezra the priest and scribe, and the Levites who taught the people said to all the people, "This day is holy to the Lord your God; do not mourn or weep." For all the people were weeping when they heard the words of the law. Then he said to them, "Go, eat of the fat, drink of the sweet, and send portions to him who has nothing prepared; for this day is holy to our Lord. Do not be grieved, for the joy of the Lord is your strength." So the Levites calmed all the people, saying, "Be still, for the day is holy; do not be grieved." All the people went away to eat, to drink, to send portions and to celebrate a great festival, because they understood the words which had been made known to them.

Exodus 20:8-11—"Remember the sabbath day, to keep it holy. Six days you shall labor and do all your work, but the seventh day is a sabbath of the Lord your God; in it you shall not do any work, you or your son or your daughter, your male or your female servant or your cattle or your sojourner who stays with you. For in six days the Lord made the heavens and the earth, the sea and all that is in them, and rested on the seventh day; therefore the Lord blessed the sabbath day and made it holy."

Deuteronomy 5:12-15—"Observe the sabbath day to keep it holy, as the Lord your God commanded you. Six days you shall labor and do all your work, but the seventh day is a sabbath of the Lord your God; in it you shall not do any work, you or your son or your daughter or your male servant or your female servant or your ox or your donkey or any of your cattle or your sojourner who stays with you, so that your male servant and your female servant may rest as well as you. You shall remember that you were a slave in the land of Egypt, and the Lord your God brought you out of there by a mighty hand and by an outstretched arm; therefore the Lord your God commanded you to observe the sabbath day."

Isaiah 58:13-14—If because of the sabbath, you turn your foot from doing your own pleasure on My holy day, and call the sabbath a delight, the holy day of the Lord honorable, and honor it, desisting from your own ways, from seeking your own pleasure ["that in which one takes delight, his business," "one's own business affairs," Brown-Driver-Briggs Hebrew-English Lexicon, p. 343, reference 4] and speaking your own word, then you will take delight in the Lord, and I will make you ride on the heights of the earth; and I will feed you with the heritage of Jacob your father, for the mouth of the Lord has spoken."

Nehemiah 13:15-21—In those days I saw men in Judah treading winepresses on the Sabbath and bringing in grain and loading it on donkeys, together with wine, grapes, figs and all other kinds of loads. And they were bringing all this into Jerusalem on the Sabbath. Therefore I warned them against selling food on that day. Men from Tyre who lived in Jerusalem were bringing in fish and all kinds of merchandise and selling them in Jerusalem on the Sabbath to the people of Judah. I rebuked the nobles of Judah and said to them, "What is this wicked thing you are doing—desecrating the Sabbath

Note:

Deuteronomy 24:17-18—You shall not pervert the justice due an alien or an orphan, nor take a widow's garment in pledge. But you shall remember that you were a slave in Egypt, and that the Lord your God redeemed you from there; therefore I am commanding you to do this thing.

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Herb Montgomery • 37457 Jasper Lowel Rd., Jasper, OR 97438 • 877.585.1111 • herb@lbn.org • www.lbn.org

"I have come that they may have life, and have it to the full." —John 10:10, NIV

*All Scripture References are from the updated New American Standard Bible unless otherwise noted.

day? Didn't your forefathers do the same things, so that our God brought all this calamity upon us and upon this city? Now you are stirring up more wrath against Israel by desecrating the Sabbath." When evening shadows fell on the gates of Jerusalem before the Sabbath, I ordered the doors to be shut and not opened until the Sabbath was over. I stationed some of my own men at the gates so that no load could be brought in on the Sabbath day. Once or twice the merchants and sellers of all kinds of goods spent the night outside Jerusalem. But I warned them and said, "Why do you spend the night by the wall? If you do this again, I will lay hands on you." From that time on they no longer came on the Sabbath.

Exodus 31:12-17—The Lord spoke to Moses, saying, "But as for you, speak to the sons of Israel, saying, 'You shall surely observe My sabbaths; for this is a sign between Me and you throughout your generations, that you may know that I am the Lord who sanctifies you. Therefore you are to observe the sabbath, for it is holy to you. Everyone who profanes it shall surely be put to death; for whoever does any work on it, that person shall be cut off from among his people. For six days work may be done, but on the seventh day there is a sabbath of complete rest, holy to the Lord; whoever does any work on the sabbath day shall surely be put to death. So the sons of Israel shall observe the sabbath, to celebrate the sabbath throughout their generations as a perpetual covenant.' "It is a sign between Me and the sons of Israel forever; for in six days the Lord made heaven and earth, but on the seventh day He ceased from labor, and was refreshed."

Colossians 2:16-23—Therefore no one is to act as your judge in regard to food or drink or in respect to a festival or a new moon or a Sabbath day . . . Let no one keep defrauding you of your prize by delighting in self-abasement and the worship of the angels, taking his stand on visions he has seen, inflated without cause by his fleshly mind, and not holding fast to the head, from whom the entire body . . . grows with a growth which is from God. If you have died with Christ to the elementary principles of the world, why, as if you were living in the world, do you submit yourself to decrees, such as, "Do not handle, do not taste, do not touch!" (which all refer to things destined to perish with use)—in accordance with the commandments and teachings of men? These are matters which have, to be sure, the appearance of wisdom in self-made religion and self-abasement and severe treatment of the body, but are of no value against fleshly indulgence.

1 Corinthians 16:1-3— Now concerning the collection for the saints, as I directed the churches of Galatia, so do you also. On the first day of every week each one of you is to put aside and save, as he may prosper, so that no collections be made when I come. When I arrive, whomever you may approve, I will send them with letters to carry your gift to Jerusalem.

Acts 20:7—On the first day of the week, when we were gathered together to break bread, Paul began talking to them, intending to leave the next day, and he prolonged his message until midnight.

KJV Acts 2:46—And they, continuing daily with one accord in the temple, and breaking bread from house to house, did eat their meat with gladness and singleness of heart,

Acts 20:8-11—And there were many lights in the upper chamber, where they were gathered together. And there sat in a window a certain young man named Eutychus, being fallen into a deep sleep: and as Paul was long preaching, he sunk down with sleep, and fell down from the third loft, and was taken up dead. And Paul went down, and fell on him, and embracing him said, Trouble not yourselves; for his life is in him. When he therefore was come up again, and had broken bread, and eaten, and talked a long while, even till break of day, so he departed.

Romans 14:4-6—Who are you to judge the servant of another? To his own

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Acts 11:28-30—And one of them named Agabus stood up and began to indicate by the Spirit that there would certainly be a great famine all over the world. And this took place in the reign of Claudius. And in the proportion that any of the disciples had means, each of them determined to send a contribution for the relief of the brethren living in Judea. And this they did, sending it in charge of Barnabas and Saul to the elders.

Note:

NKJ Genesis 1:5—God called the light Day, and the darkness He called Night. So the evening and the morning were the first day.

master he stands or falls; and he will stand, for the Lord is able to make him stand. One person regards one day above another, another regards every day alike. Each person must be fully convinced in his own mind. He who observes the day, observes it for the Lord.

Matthew 12:1-18—At that time Jesus went through the grainfields on the Sabbath, and His disciples became hungry and began to pick the heads of grain and eat. But when the Pharisees saw this, they said to Him, "Look, Your disciples do what is not lawful to do on a Sabbath."

But He said to them, "Have you not read . . . in the Law, that on the Sabbath the priests in the temple break the Sabbath and are innocent? . . . if you had known what this means, 'I desire compassion, and not a sacrifice,' you would not have condemned the innocent. For the Son of Man is Lord of the Sabbath."

Mark 2:27-28—Jesus said to them, "The Sabbath was made for man, and not man for the Sabbath. So the Son of Man is Lord even of the Sabbath." (See also Luke 6:1-5)

Matthew 12:9-14—Departing from there, He went into their synagogue. And a man was there whose hand was withered. And they questioned Jesus, asking, "Is it lawful to heal on the Sabbath?"—so that they might accuse Him. [Mark 3:4 - And He said to them, "Is it lawful to do good or to do harm on the Sabbath, to save a life or to kill?" But they kept silent.] And He said to them, "What man is there among you who has a sheep, and if it falls into a pit on the Sabbath, will he not take hold of it and lift it out? How much more valuable then is a man than a sheep! So then, it is lawful to do good on the Sabbath." Then He said to the man, "Stretch out your hand!" He stretched it out, and it was restored to normal, like the other. But the Pharisees went out and conspired against Him, as to how they might destroy Him. (See also Luke 6:6-11)

Mark 1:21-33— They went into Capernaum; and immediately on the Sabbath He entered the synagogue and began to teach. They were amazed at His teaching. . . . Just then there was a man in their synagogue with an unclean spirit . . . And Jesus rebuked him, saying, "Be quiet, and come out of him!" Throwing him into convulsions, the unclean spirit cried out with a loud voice and came out of him. They were all amazed. . . . Immediately the news about Him spread everywhere into all the surrounding district of Galilee. . . . When evening came, after the sun had set, they began bringing to Him all who were ill and those who were demon-possessed. (See Luke 4:31-40)

Acts 1:12—Then they returned to Jerusalem from the mount called Olivet, which is near Jerusalem, a Sabbath day's journey away.

Luke 13:10-17—And He was teaching in one of the synagogues on the Sabbath. And there was a woman who for eighteen years had had a sickness caused by a spirit; and she was bent double, and could not straighten up at all. When Jesus saw her, He called her over and said to her, "Woman, you are freed from your sickness." And He laid His hands on her; and immediately she was made erect again and began glorifying God. But the synagogue official, indignant because Jesus had healed on the Sabbath, began saying to the crowd in response, "There are six days in which work should be done; so come during them and get healed, and not on the Sabbath day." But the Lord answered him and said, "You hypocrites, does not each of you on the Sabbath untie his ox or his donkey from the stall and lead him away to water him? And this woman, a daughter of Abraham as she is, whom Satan has bound for eighteen long years, should she not have been released from this bond on the Sabbath day?" As He said this, all His opponents were being humiliated; and the entire crowd was rejoicing over all the glorious things being done by Him.

Luke 14:1-4—It happened that when He went into the house of one of the

Luke 6:1-11—Now it happened that He was passing through some grainfields on a Sabbath; and His disciples were picking the heads of grain, rubbing them in their hands, and eating the grain. But some of the Pharisees said, "Why do you do what is not lawful on the Sabbath?" And Jesus answering them said, "Have you not even read what David did when he was hungry, he and those who were with him, how he entered the house of God, and took and ate the consecrated bread which is not lawful for any to eat except the priests alone, and gave it to his companions?" And He was saying to them, "The Son of Man is Lord of the Sabbath." On another Sabbath He entered the synagogue and was teaching; and there was a man there whose right hand was withered. The scribes and the Pharisees were watching Him closely to see if He healed on the Sabbath, so that they might find reason to accuse Him. But He knew what they were thinking, and He said to the man with the withered hand, "Get up and come forward!" And he got up and came forward. And Jesus said to them, "I ask you, is it lawful to do good or to do harm on the Sabbath, to save a life or to destroy it?" After looking around at them all, He said to him, "Stretch out your hand!" And he did so; and his hand was restored. But they themselves were filled with rage, and discussed together what they might do to Jesus.

Luke 4:31-40—And He came down to Capernaum, a city of Galilee, and He was teaching them on the Sabbath; and they were amazed at His teaching, for His message was with authority. In the synagogue there was a man possessed by the spirit of an unclean demon, and he cried out with a loud voice, "Let us alone! What business do we have with each other, Jesus of Nazareth? Have You come to destroy us? I know who You are-- the Holy One of God!" But Jesus rebuked him, saying, "Be quiet and come out of him!" And when the demon had thrown him down in the midst of the people, he came out of him without doing him any harm. And amazement came upon them all, and they began talking with one another saying, "What is this message? For with authority and power He commands the unclean spirits and they come out." And the report about Him was spreading into every locality in the surrounding district. Then He got up and left the synagogue, and entered Simon's home. Now Simon's mother-in-law was suffering from a high fever, and they asked Him to help her. And standing over her, He rebuked the fever, and it left her; and she immediately got up and waited on them. While the sun was setting, all those who had any who were sick with various diseases brought them to Him; and laying His hands on each one of them, He was healing them.

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